

[Self-managed care in Alberta](#) is an [Alberta Health Services \(AHS\) program](#) that provides funding for eligible residents with stable, long-term care needs to directly hire, train, and manage their own caregivers. It offers flexibility to customize home support, such as personal care, respite, and daily tasks, aimed at maintaining independence at home.



[Alberta Health Services +4](#)

Key Aspects of Self-Managed Care (SMC) in Alberta:

- **Eligibility:** Applicants must be Alberta residents with a valid health care card, require ongoing personal care, and have an assessed unmet need as determined by an AHS Case Manager.
- **Responsibilities:** The recipient or their representative acts as the employer—recruiting, hiring, training, and scheduling staff.
- **Funding:** Approved individuals receive funds to pay for services, with agreements typically reviewed annually.
- **Included Services:** Covers personal care (hygiene, dressing, medication assistance) and home support (meal prep, light housekeeping, laundry).
- [Canadian Home Care Association +4](#)

How to Apply:

1. **Request an Assessment:** Contact AHS Continuing Care Access (811 in some areas) to request a home care assessment.
2. **Case Manager Evaluation:** A case manager will determine if you meet the criteria for self-managed care.
3. **Sign Agreement:** If approved, you will enter into a one-year legal contract with AHS.
4. [CBI Home Health +1](#)

Differences in Care Models:

- Self-Managed Care (SMC): You are the employer, managing staff, payroll, and CRA tax regulations.
- [Client-Directed Home Care](#) (CDHCI): A separate, simpler option where you choose a private provider, but the agency manages the staff and payroll.
- [Canadian Home Care Association](#) +2

For more information, contact AHS directly or visit their website.

[Client Directed Home Care Invoicing](#) (CDHCI) in Alberta is an [Alberta Health Services \(AHS\) program](#) that allows eligible residents to choose their own private home care provider while receiving public funding. Administered by [Alberta Blue Cross](#), this program offers greater flexibility and control over care services, such as personal care, by billing the agency directly.



[Alberta Health Services](#) +2

Key Aspects of CDHCI in Alberta

- Eligibility: You must have a valid Alberta Health Care card, reside in a community setting (not a facility), and be assessed by an AHS Case Manager to determine the need for home care services.
- How it Works: Once approved, AHS determines authorized hours, and you choose an approved provider (e.g., [Right at Home](#), [Bayshore](#), [Classic LifeCare](#)).
- Direct Billing: Approved agencies bill Alberta Blue Cross directly for services.
- Benefits: Clients have more control over scheduling, care providers, and specific tasks, often allowing for more personalized care compared to traditional AHS-delivered care.
- Limitations: It does not cover services if you live in a group home, private lodge, or private assisted living. Unused hours cannot be carried over to the next month.
- [Alberta Health Services](#) +5

To get started, residents should call AHS Community Care Access or 811 to request a home care assessment.